

BRUNCH

served until 5pm

grounded Epic BREAKFAST 10.95
two eggs, grilled bacon, two sausages, grilled tomato, mushrooms, baked beans, two toast and butter, two hashbrowns, black pudding, fried potatoes & chilli sauce

grounded BREAKFAST 7.95
grilled back bacon, two sausages, fried egg, baked beans, grilled tomato, mushrooms, hashbrown, granary toast & butter

grounded VEGGIEBREAKFAST 7.50
fried egg, veggie sausages, mushrooms, grilled tomato, sautéed kale, baked beans, fried potatoes, granary toast & butter

grounded VEGAN BREAKFAST 6.95
vegan sausages, grilled tomato, mushrooms, sautéed kale, baked beans, sautéed potatoes, granary toast & vegan spread

GRILLED BACON SARNIE 3.95
on buttered white bloomer or granary

AVOCADO ON TOAST 5.95
with chilli & kale

AMERICAN PANCAKES 6.95
with crispy streaky bacon & maple syrup

ADD EXTRA

EGG, TOMATO, MUSHROOMS	80p
SAUSAGE, BACON, HASH BROWNS	1.00
AVOCADO	1.50

for more new and updates please follow us on our social media pages OR visit our website: www.cafegrounded.co.uk

MORNING GLORY FREE TEA OR AMERICANO WITH ANY FULL BREAKFAST Monday - Friday before 11am

POACHED EGGS WITH...

STREAKY BACON 6.95
SMOKED SALMON 7.95
SPINACH 5.95
CHORIZO 6.95



served on a toasted English muffin with hollandaise sauce
all available with gluten free bread

SANDWICHES & ROLLS

all served with fries and salad
gluten free available

BLT 6.95
classic bacon, lettuce & tomato served in a sourdough roll

grounded CLUB SANDWICH 7.95
Grounded's take on the famous club, bacon, lettuce, tomato, chicken & mayo on bloomer bread

THE VEGAN STACK 6.95
hummus, avocado, apple, red pepper & pumpkin seeds in a sourdough roll

CLASSIC FISH FINGER SANDWICH 7.25
with lettuce, tomato & tartar sauce in bloomer bread

SALADS

CHICKEN BACON & AVOCADO 9.50
grilled chicken & bacon with fresh mixed salad leaves, avocado, cherry tomatoes, cucumber & house dressing

HALLOUMI & FALAFEL SALAD 8.50
our veggie salad with falafels, cherry tomatoes, cucumber, mixed leaves, house dressing & topped with fried halloumi

MEATY PIZZA served from 12pm

all pizzas served from 12pm
gluten free bases available on all pizzas

LUCKY LUCA'S FANTASTIC BOMBASTIC 13.00

our best seller, tomato base, pepperoni, chicken & bacon topped with mushrooms, red onion, mozzarella finished with fresh parmesan & garlic oil

SERGEANT PEPPER 12.00

tomato base, spicy pepperoni, red peppers & classic mozzarella

GRILL BILL 13.00

tomato base with cumberland sausage, pepperoni, streaky bacon topped with jalapeno peppers, black olives & mozzarella

LOCHNESS PIZZA 13.00

ricotta base with red onion, fresh smoked salmon & topped with capers

GARLIC PIZZA BREAD..... 4.95

freshly made by our fantastic pizza chefs
add cheese for 1.00

VEGGIE PIZZA

MARGARITA 9.00

simple and classic tomato base & mozzarella

RED ROCKET 11.00

tomato base, caramelised red onion, roasted red pepper, capers, olives & mozzarella topped with rocket

BILLY NO MEATS 11.00

tomato base with olives, goats cheese, feta, red onion, mushrooms & olive oil

BURGERS

served all day

ground BURGER 10.50

7 oz chuck steak burger, emmental cheese, tomato, gem lettuce, pickles, burger sauce & fries

ground CHICKEN BURGER 11.00

chicken breast, cheese & bacon with gem lettuce, pickles, tomato, burger sauce & fries

FALAFEL BURGER 9.50

with gem lettuce, tomato, pickles, hummus, guacamole & fries

LASAGNE

bolognese baked with pasta layers, mozzarella cheese & bechamel sauce, served with salad, chips or garlic bread 9.95

ADD EXTRA! FANCY SOMETHING ELSE ON YOUR PIZZA or BURGER? MAKE YOUR OWN!

CHEDDAR	1.00	BACON	2.00
MUSHROOMS	1.00	AVOCADO	2.00
FRIED EGG	1.00		

SIDES

served all day

CHIPS 2.95

CHEESY CHIPS    3.50
with mozzarella or vegan cheese

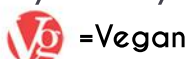
MIXED LEAF SALAD 3.95

with house dressing

ALLERGY INFORMATION

Whilst we make every effort to avoid cross contamination all our food is cooked fresh in kitchens that use ingredients to which some people may be allergic.

Full allergy information is available upon request. Please inform a member of staff if you have any dietary requirements or allergies when ordering for yourself or others.



=Vegan



=Vegetarian



=Gluten Free



=Contains nuts



=Vegan available



=Vegetarian available



=Gluten Free available