

## MORNING GLORY

FREE  
TEA OR AMERICANO  
WITH ANY FULL  
BREAKFAST

Monday - Friday before 11am

## BRUNCH

served until 5pm

### ground Epic BREAKFAST 11.50

two eggs, grilled bacon, two sausages, grilled tomato, mushrooms, baked beans, two toast and butter, two hashbrowns, black pudding, fried potatoes & chilli sauce

### ground BREAKFAST 8.50

grilled back bacon, two sausages, fried egg, baked beans, grilled tomato, mushrooms, hashbrown, granary toast & butter

### ground VEGGIE BREAKFAST 8.00

fried egg, veggie sausages, mushrooms, grilled tomato, sautéed kale, baked beans, fried potatoes, granary toast & butter

### ground VEGAN BREAKFAST 7.50

vegan sausages, grilled tomato, mushrooms, sautéed kale, baked beans, sautéed potatoes, granary toast & vegan spread

### GRILLED BACON SARNIE 3.95

on buttered white bloomer or granary

### AVOCADO ON TOAST 6.25

smashed avocado with chilli & kale

### AMERICAN PANCAKES 6.95

with crispy streaky bacon & maple syrup

## ADD EXTRA

EGG, TOMATO, MUSHROOMS 80p

SAUSAGE, BACON, HASH BROWNS 1.00

AVOCADO 1.50

## POACHED EGGS WITH...

STREAKY BACON 7.25

SMOKED SALMON 8.25

SPINACH 6.50

CHORIZO 7.25

served on a toasted English muffin with hollandaise sauce

all available with gluten free bread



## SANDWICHES & ROLLS

all served with fries and salad

gluten free available

### ground CLUB SANDWICH 8.25

Grounded's take on the famous club, bacon, lettuce, tomato, chicken & mayo on bloomer bread

### BLT 7.50

classic bacon, lettuce & tomato served in a sourdough roll

### THE VEGAN STACK 7.50

hummus, avocado, apple, red pepper & pumpkin seeds in a sourdough roll

### CLASSIC FISH FINGER SANDWICH 7.50

with lettuce, tomato & tartar sauce in bloomer bread

## SOUP OF THE DAY 4.95

warm yourself up with our seasonal soup of the day, served with bread and butter

## SALADS

### CHICKEN BACON & AVOCADO 10.00

grilled chicken & bacon with fresh mixed salad leaves, avocado, cherry tomatoes, cucumber & house dressing

### HALLOUMI & FALAFEL SALAD 9.00

our veggie salad with falafels, cherry tomatoes, cucumber, mixed leaves, house dressing & topped with fried halloumi

## MEATY PIZZA served from 12pm

all pizzas served from 12pm  
gluten free bases available on all pizzas

### LUCKY LUCA'S FANTASTIC BOMBASTIC 13.00

our best seller, tomato base, pepperoni, chicken & bacon topped with mushrooms, red onion, mozzarella finished with fresh parmesan & garlic oil

### SERGEANT PEPPER 12.00

tomato base, spicy pepperoni, red peppers & classic mozzarella

### GRILL BILL 13.00

tomato base with cumberland sausage, pepperoni, streaky bacon topped with jalapeno peppers, black olives & mozzarella

### LOCHNESS PIZZA 13.00

ricotta base with red onion, fresh smoked salmon & topped with capers

### GARLIC PIZZA BREAD 5.95

freshly made by our fantastic pizza chefs  
add cheese for 1.00

## VEGGIE PIZZA

### MARGARITA 9.00

simple and classic tomato base & mozzarella

### RED ROCKET 11.00

tomato base, caramelised red onion, roasted red pepper, capers, olives & mozzarella topped with rocket

### BILLY NO MEATS 11.00

tomato base with olives, goats cheese, feta, red onion, mushrooms & olive oil

## LASAGNE

bolognese baked with pasta layers, mozzarella cheese & bechamel sauce, served with salad, chips or garlic bread 9.95

## BURGERS

served all day

### GROUND BURGER 11.00

7 oz chuck steak burger, emmental cheese, tomato, gem lettuce, pickles, burger sauce & fries

### GROUND CHICKEN BURGER 11.50

chicken breast, cheese & bacon with gem lettuce, pickles, tomato, burger sauce & fries

### FALAFEL BURGER 10.00

with gem lettuce, tomato, pickles, hummus, guacamole & fries

## ADD EXTRA! FANCY SOMETHING ELSE ON YOUR PIZZA or BURGER? MAKE YOUR OWN!

CHEDDAR	1.00	BACON	2.00
MUSHROOMS	1.00	AVOCADO	2.00
FRIED EGG	1.00		

## SIDES

served all day

### CHIPS 2.95

### CHEESY CHIPS 3.75

with mozzarella or vegan cheese

### MIXED LEAF SALAD 4.25

with house dressing

## ALLERGY INFORMATION

Whilst we make every effort to avoid cross contamination all our food is cooked fresh in kitchens that use ingredients to which some people may be allergic.

Full allergy information is available upon request. Please inform a member of staff if you have any dietary requirements or allergies when ordering for yourself or others.



=Vegan



=Vegetarian



=Gluten Free



=Contains nuts



=Vegan available



=Vegetarian available



=Gluten Free available